

# ASF GYMNASTICS

## 2016 RED & WHITE INVITATIONAL / Level 3-5 QUALIFIER

### SCHEDULE FOR FRIDAY, MARCH 4, 2016

Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.	Session 1 (35 athletes)  Level 4 Age 9 Level 5 Age 9 Level 5 Age 10	Session 2 (34 athletes)  Level 4 Age 10 Level 4 Age 13	Session 3 (30 athletes)  Level 4 Age 11 Level 4 Age 14+	Session 4 (35 athletes)  Level 5 Age 11 Level 5 Age 12 Level 5 Age 13+
Registration	<b>DOORS OPEN 9:05</b> 9:05-9:35	11:50-12:20	2:20-2:50	4:35-5:05
March In	9:40-9:45 O'Canada	12:25-12:30	2:55-3:00	5:10-5:15
General Stretch	9:45-10:00	12:30-12:45	3:00-3:15	5:15-5:30
Competition	10:00 - 12:15	12:45 - 2:45	3:15 - 5:00	5:30 – 7:45
Awards	To Follow	To Follow	To Follow	To Follow

**Meet location information**

ASF Gymnastics Club  
40 Vogell Rd., Unit #32  
Richmod Hill, Ontario L4B 3K7

**Admission prices** (families & guests):

\$10 (adults) / \$5 children 3-12) / Free for seniors and children under 3  
\$25 package (\$2 adults + 2 children ages 3-12). **CASH ONLY.**

**Snack bar on site**

**Friday Parking:** Please respect parking signs and directions.

# ASF GYMNASTICS

## 2016 RED & WHITE INVITATIONAL / Level 3-5 QUALIFIER

### SCHEDULE FOR SATURDAY, MARCH 5, 2016

Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.	Session 5 (31 athletes)  Level 1 Age 9 Level 2 Age 9	Session 6 (32 athletes)  Level 2 Age 11 Level 3 Age 9	Session 7 (30 athletes)  Level 1 Age 10 Level 1 Age 11-12 Level 2 Age 10	Session 8 (36 athletes)  Level 2 Age 12 Level 3 Age 10	Session 9 (32 athletes)  Level 3 Age 11 Level 3 Age 12 Level 3 Age 14+	Session 10 (28 athletes)  Level 3 Age 13 Level 4 Age 12
Registration	<b>DOORS OPEN 7:35</b> 7:35 – 8:05	9:35-10:05	11:35-12:05	1:35-2:05	3:35-4:05	5:35-6:05
March In	8:10 – 8:15 O'Canada	10:10-10:15	12:10-12:15	2:10-2:15	4:10-4:15	6:10-6:15
General Stretch	8:15 – 8:30	10:15-10:30	12:15-12:30	2:15-2:30	4:15-4:30	6:15-6:30
Competition	8:30 – 10:00	10:30 - 12:00	12:30 – 2:00	2:30 – 4:00	4:30-6:00	6:30-8:00
Awards	To Follow	To Follow	To Follow	To Follow	To Follow	To Follow

**Meet location information**

ASF Gymnastics Club  
40 Vogell Rd., Unit #32  
Richmond Hill, Ontario L4B 3K7

**Admission prices** (families & guests):

\$10 (adults) / \$5 children 3-12) / Free for seniors and children under 3  
\$25 package (\$2 adults + 2 children ages 3-12). **CASH ONLY.**

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# ASF GYMNASTICS

## 2016 RED & WHITE INVITATIONAL

### SCHEDULE FOR SUNDAY, MARCH 6, 2016

Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.	Session 11 (27 athletes) Level 1 Age 7 Level 1 Age 8	Session 12 (30 athletes) Level 2 Age 8	Session 13 (22 athletes) Level 2 Age 7 (22)	Session 14 (24 athletes) Level 3 Age 8* Level 3 Age 7	Session 15 (3 athletes) Level 3 Age 8* Level 4 Age 7 Level 4 Age 8 Level 5 Age 8
	* Assignment of Level 3 Age 8 athletes to sessions by birthdate (to be provided closer to the meet)				
Registration	<b>DOORS OPEN 7:35</b> 7:35 – 8:05	9:20-9:50	11:20-11:50	12:50-1:20	2:20-2:50
March In	8:10 – 8:15 O'Canada	9:55-10:00	11:55-12:00	1:25-1:30	2:55-3:00
General Stretch	8:15 – 8:30	10:00-10:15	12:00-12:15	1:30-1:45	3:00-3:15
Competition	8:30-9:45	10:15-11:45	12:15-1:15	1:45-2:45	3:15-5:30
Awards	To Follow	To Follow	To Follow	To Follow	To Follow

**Meet location information**

ASF Gymnastics Club  
40 Vogell Rd., Unit #32  
Richmod Hill, Ontario L4B 3K7

**Admission prices** (families & guests):

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\$25 package (\$2 adults + 2 children ages 3-12). **CASH ONLY.**

**Snack bar on site**

**Friday Parking:** Please respect parking signs and directions.