



2015-2016 Ontario Championships Women's Artistic Gymnastics

Thursday, June 9th – Sunday, June, 12th, 2016

Hosted by: Quinte Bay Gymnastics

Schedule

GYM A	Thursday, June 9 th , 2016	Session 1	Session 2	Session 3
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 5 Age 9 (40)	Level 5 Age 10 (40)	Level 5 Age 12 (40)
	Registration	10:00am-10:30am	12:45pm-1:15pm	4:00pm-4:30pm
	Assemble for & March In	10:30am-10:45am	1:45pm-2:00pm	5:00pm-5:15pm
	General Stretch	10:45am-11:00am	2:00pm-2:15pm	5:15pm-5:30pm
	Competition	11:00am-1:30pm	2:15pm-4:45pm	5:30pm-8:00pm
Awards	To Follow in Gym	To Follow in Gym	To Follow in Gym	

GYM B	Thursday, June 9 th , 2016	Session 1	Session 2
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 5 Age 11 (40)	Level 5 Age 13+ (40)
	Registration	12:45pm-1:15pm	4:00pm-4:30pm
	Assemble for & March In	1:45pm-2:00pm	5:00pm-5:15pm
	General Stretch	2:00pm-2:15pm	5:15pm-5:30pm
	Competition	2:15pm-4:45pm	5:30pm-8:00pm
Awards	To Follow in Gym	To Follow in Gym **	

** Team Award Presentation



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GYM A	Friday, June 10 th , 2016	Session 4	Session 5	Session 6	Session 7	
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 4 Age 10A (40)	Level 4 Age 11A (40)	Level 4 Age 12/13A (40)	Level 4 Age 12/13C (40)	
	Registration	7:30am-8:00am	10:15am-10:45am	1:30pm-2:00pm	4:45pm-5:15pm	
	Assemble for & March In	8:00am-8:15am	11:15am-11:30am	2:30pm-2:45pm	5:45pm-6:00pm	
	General Stretch	8:15am-8:30am	11:30am-11:45am	2:45pm-3:00pm	6:00pm-6:15pm	
	Competition	8:30am-11:00am	11:45am-2:15pm	3:00pm-5:30pm	6:15pm-8:45pm	
Awards	To Follow in Gym	To Follow in Gym	To Follow in Gym	To Follow in Gym		

GYM B	Friday, June 10 th , 2016	Session 3	Session 4	Session 5	Session 6	
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 4 Age 10B (40)	Level 4 Age 11B (40)	Level 4 Age 12/13B (40)	Level 4 Age 14+ (40)	
	Registration	7:30am-8:00am	10:15am-10:45am	1:30pm-2:00pm	4:45pm-5:15pm	
	Assemble for & March In	8:00am-8:15am	11:15am-11:30am	2:30pm-2:45pm	5:45pm-6:00pm	
	General Stretch	8:15am-8:30am	11:30am-11:45am	2:45pm-3:00pm	6:00pm-6:15pm	
	Competition	8:30am-11:00am	11:45am-2:15pm	3:00pm-5:30pm	6:15pm-8:45pm	
Awards	To Follow in Gym	To Follow in Gym	To Follow in Gym	To Follow in Gym		

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GYM A	Saturday, June 11 th , 2016	Session 8	Session 9	Session 10	Session 11
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 4 Age 9A (40)	Level 3 Age 11A (40)	Level 3 Age 12A (40)	Level 3 Age 13 (40)
	Registration	7:30am-8:00am	10:15am-10:45am	1:30pm-2:00pm	4:45pm-5:15pm
	Assemble for & March In	8:00am-8:15am	11:15am-11:30am	2:30pm-2:45pm	5:45pm-6:00pm
	General Stretch	8:15am-8:30am	11:30am-11:45am	2:45pm-3:00pm	6:00pm-6:15pm
	Competition	8:30am-11:00am	11:45am-2:15pm	3:00pm-5:30pm	6:15pm-8:45pm
Awards	To Follow in Gym**	To Follow in Gym	To Follow in Gym	To Follow in Gym	

GYM B	Saturday, June 11 th , 2016	Session 7	Session 8	Session 9	Session 10
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 4 Age 9B (40)	Level 3 Age 11B (40)	Level 3 Age 12B (40)	Level 3 Age 14+ (40)
	Registration	7:30am-8:00am	10:15am-10:45am	1:30pm-2:00pm	4:45pm-5:15pm
	Assemble for & March In	8:00am-8:15am	11:15am-11:30am	2:30pm-2:45pm	5:45pm-6:00pm
	General Stretch	8:15am-8:30am	11:30am-11:45am	2:45pm-3:00pm	6:00pm-6:15pm
	Competition	8:30am-11:00am	11:45am-2:15pm	3:00pm-5:30pm	6:15pm-8:45pm
Awards	To Follow in Gym**	To Follow in Gym	To Follow in Gym	To Follow in Gym	

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GYM A	Sunday, June 12 th , 2016	Session 12	Session 13	Session 14
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 3 Age 9A (40)	Level 3 Age 9C (40)	Level 3 Age 10B (40)
	Registration	7:30am-8:00am	10:15am-10:45am	1:30pm-2:00pm
	Assemble for & March In	8:00am-8:15am	11:15am-11:30am	2:30pm-2:45pm
	General Stretch	8:15am-8:30am	11:30am-11:45am	2:45pm-3:00pm
	Competition	8:30am-11:00am	11:45am-2:15pm	3:00pm-5:30pm
Awards	To Follow in Gym	To Follow in Gym	To Follow in Gym **	

GYM B	Sunday, June 12 th , 2016	Session 11	Session 12	Session 13
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 3 Age 9B (40)	Level 3 Age 10A (40)	Level 3 Age 10C (40)
	Registration	7:30am-8:00am	10:15am-10:45am	1:30pm-2:00pm
	Assemble for & March In	8:00am-8:15am	11:15am-11:30am	2:30pm-2:45pm
	General Stretch	8:15am-8:30am	11:30am-11:45am	2:45pm-3:00pm
	Competition	8:30am-11:00am	11:45am-2:15pm	3:00pm-5:30pm
Awards	To Follow in Gym	To Follow in Gym	To Follow in Gym **	

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